



Hepatitis A Outbreak May Be Linked to Frozen Berry Blend

The Food and Drug Administration (FDA) and the Centers for Disease Control and Prevention (CDC) are investigating an [outbreak of Hepatitis A](#) that may be linked to **Townsend Farms Organic Anti-Oxidant Blend**, a frozen berry and pomegranate seed mix.

As of May 31, 2013, there had been 30 individuals from 5 states infected with Hepatitis A.

The [CDC recommends](#) that consumers not eat this frozen food and discard any remaining product.

Symptoms of Hepatitis A occur within 15-50 days of exposure and include:

- yellow eyes or skin
- abdominal pain
- pale stools
- dark urine

If you experience such symptoms, seek medical attention. If you consumed this product within the past few weeks and have never been vaccinated for Hepatitis A, contact your health care provider to see if you should be vaccinated.

[Learn more about Hepatitis A.](#)