



First Mt. Olive Freewill Baptist Church

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Bishop Oscar E. Brown, M.Div., DD, Senior Pastor

Interpreting The Visions of Your Life

Series: 2020 VISION / “A Couch Ministry”

Text: Daniel 4:18-19

Date: Sunday, September 13, 2020

The Kings mental health status:

Personal mental health status (what lenses are you looking through):

- | | |
|---------------------------------------|----|
| 1. Bipolar Personality | 1 |
| 2. Split Spiritual Life | 2. |
| 3. Arrogance | 3. |
| 4. Impotence (lack of internal power) | 4. |
| 5. Unbridle Power (external power) | 5. |

What can cause mental health illness?

- | | |
|-------------------------------------|-------------------------------------|
| 1. Dysfunctional Parents/Childhood | 13. Discrimination |
| 2. Molestation | 14. Stigma |
| 3. Rape | 15. Social Disadvantage |
| 4. Learning Disabilities | 16. Poverty/Debt |
| 5. Physical Disabilities | 17. Bereavement |
| 6. Physical Health Conditions | 18. Long-term Stress |
| 7. Unemployment or Under Employment | 19. Military Combat /PTSD |
| 8. Depression | 20. Drugs and Alcohol Misuse |
| 9. Trauma | 21. Domestic Violence |
| 10. Abuse | 22. Bullying (At Any Age) |
| 11. Neglect/Rejection | 23. Guilt |
| 12. Social Isolation | 24. Lack of Education/ Bad Teaching |
| | 25. Low Self-Esteem |

NOTES

- If you are in imminent danger, **call 911**

- Help is available for you or someone you may know that is struggling with mental illness. Please call by your address:
 - ❖ **Anne Arundel County 410-768-5522**
 - ❖ **Baltimore City 410-576-5097**
 - ❖ **Baltimore County 410-931-2214**